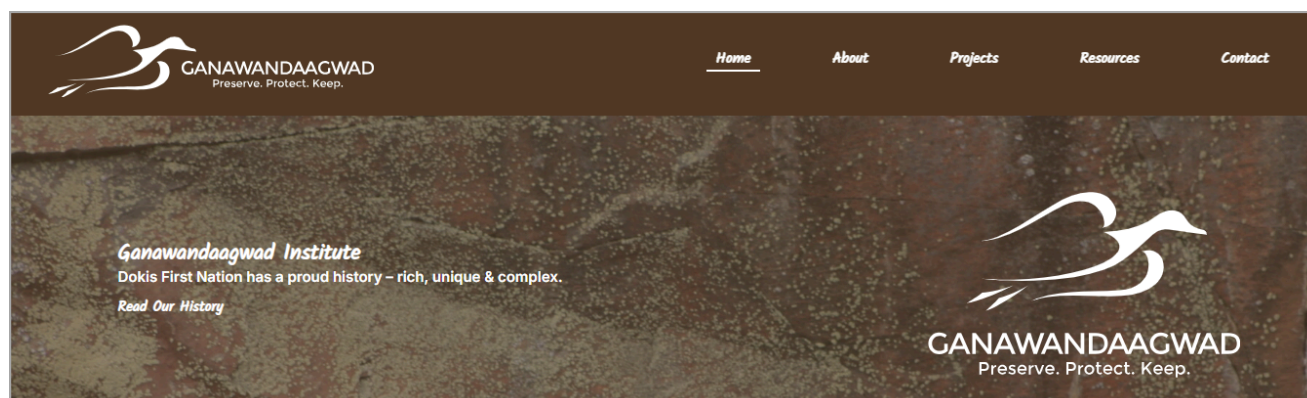




MIGISI NEWSLETTER

Ganawandaagwad Dokis History Website



In 2023, the Okikendawt Hydro and Dokis Community Trust funded a project titled *Maandonming Kinmaaziiwin*, which translates to Gathering of Knowledge. The project intended to create a new website focused on Dokis First Nation history. In November 2024, the website was launched through an online event that all Dokis Band members were invited to attend. The website shares the stories and place-names of many historic locations throughout the community. Visitors on the site can also read about the history of Chief Michel Aigle Dokis signing the Robinson-Hurton Treaty of 1850, and explore a research report on the histories of the Dokis and Restoule families.

Visit the Ganawandaagwad website at: www.dokishistory.ca



The Ganawandaagwad website also offers a virtual drone tour of popular heritage sites in Dokis First Nation and the French River.

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MIGISI NEWSLETTER

May 2025

Chief & Council Update

April Band Meeting Highlights

Lands:

- Dokis met with Robinson Huron Wawaawiindamaagewin to plan for a community review of the land use and occupancy maps that were developed over the last year. The maps were created based on information from Band members who were interviewed over several months. A celebration event for the community is anticipated in June.
- The Lands Committee will be developing policies and procedures to support the process for submitting land requests. The policies will align with the Dokis Land Code.

Administration:

- Chief and Council are starting work to establish new laws and policies for the community. Requests for proposals will be issued out in the coming weeks. The initial requests will support strategic planning, the development of our constitution, and the ratification of the Dokis Election Code which was started in 2015.
- Other areas of development include a comprehensive plan for the Dokis Seven Generations Trust, a citizenship law, and several administrative policies.

Infrastructure:

- Chief and Council continue to work with the municipalities of French River and West Nipissing on improved maintenance of the Dokis Road. The municipalities are open to making service improvements, but Council will also advocate for reclassification of the road. Dokis will meet with the municipalities on May 1st to continue discussions.

Band Council Resolutions:

- Three resolutions were signed to approve land requests from Band members. Each request completed the 30-day waiting period with no objections.
- One resolution was shared by Council to notify the community of a Band member exclusion.

Next Council Meeting

Monday, May 12
1:00 pm

Next Band Meeting

Tuesday, May 13
7:00 pm



Dokis Seven Generations Trust Development

Trustee Selections

The Trustee Selection Committee completed 7 interviews with trustee candidates throughout the month of April. The first trustees will be selected based on a combination of personal, professional, and academic qualifications. All of the trustees will be required to complete mandatory training. The final trustee selections will be announced in late May.

Community Feedback Survey

Have you completed the survey to provide your feedback on the trust?

*There's still time!
Scan the QR
code or visit the
band portal to
take the survey
online!*



Community Engagement Sessions

Four community engagement sessions were completed in March and April, in Dokis, Sudbury, Ottawa, and Toronto. Two more sessions will be conducted in May, in North Bay and Sturgeon Falls. In June, another session will take place in Dokis (and online) to present the final Trust Agreement to the membership. A notice for ratification will be released after the session in June.

Saturday, May 3

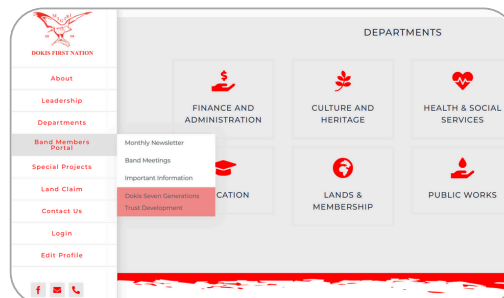
10 a.m. in Sturgeon Falls
Comfort Inn

Saturday, May 3

3 p.m. in North Bay
North Bay Museum

Seven Generations Trust Website Page

Please visit the Band Members Portal on the Dokis website to view more information on the development of the Dokis Seven Generations Trust. Regular updates offer Band members access to current information and important documents.



www.dokis.ca/members



New Committees

The support of standing committees is an important element of community planning and development. In recent months, new committees have been established to enhance community engagement in specific subjects. These committees are advisory bodies that work within a terms of reference that guides their membership, their meetings, and their responsibilities.

Youth Committee

This committee is still in development and is looking for youth members! The committee will provide a platform for youth to connect with each other, engage with community, and provide advice to leadership. Interested youth are encouraged to connect with **Paige Restoule** to participate on the committee.

restoule.paige@gmail.com

Language Committee

The language committee is made up of language speakers and champions from Dokis. They work together to provide language advice and Anishinaabemwin translations that support projects, events, and school initiatives in the community.

Education Committee

This committee is still in development and accepting new members! Regular meetings will begin before the new school year, in August. Please contact **Lois Lambert** by June 13th to confirm your interest in participating on the committee.

education@dokis.ca

Event committees are also important bodies that ensure the planning and delivery of major events in the community. The Pow Wow Committee has existed for many years, but two new event committees were recently established to support the annual Dokis Summerfest and Little NHL. Event committees have different responsibilities than standing committees. They are more task-oriented and geared to making sure events stay on plan, on time, and on budget.

Little NHL Committee

Membership includes parents, coaches, staff, and Council members. They work together on fundraising, accommodations, team registrations, volunteers, etc.

Summerfest Committee

Membership includes band members, staff, and Council members. They work together on fundraising, entertainment, tournament planning, vendors, volunteers, etc.

SAVE THE DATE!
Dokis
Summerfest
JULY 18-20,
2025

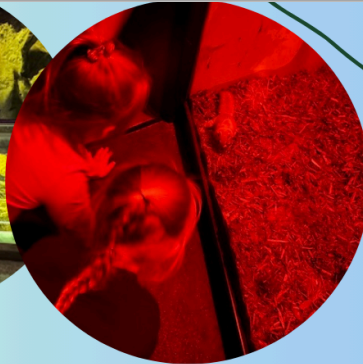
Stay tuned for regular updates from the committees!



MIGISI NEWSLETTER

May 2025

Kikendawt Kinoomaadii Gamig



KKG FIELD TRIP TO SCIENCE NORTH

Students from Kindergarten to Grade 4 at KKG recently took part in an exciting field trip to Science North. The day was filled with curious students and engaged learners exploring hands-on exhibits and interactive displays.

A highlight of the trip was the Animal Kingdom exhibit, where students learned all about different animals and their habitats. From insects to mammals, the kids were fascinated by the incredible diversity of wildlife and how each creature is uniquely adapted to its environment.

Many students even embraced the opportunity to try something truly out of the ordinary—BBQ-flavoured fried crickets! It was a new and adventurous experience that sparked lots of excitement and conversation.

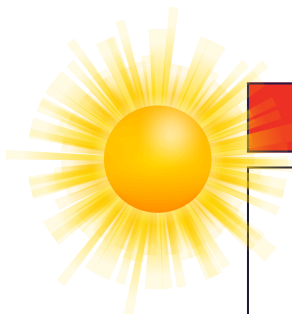
This field trip was a perfect reminder that learning can be fun, exciting, and full of discovery!



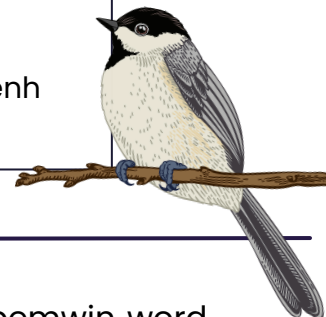


Anishinaabemwin

May is Namebine Giizis, also known as Sucker Moon. This time of year breathes new life into Mother Earth, and we see the return of many plants, animals, and water life. This is a fitting time to reconnect with the natural environment and practice some Anishinaabemwin words that come back to us with the warm weather.



ENGLISH	ANISHINAABEMWIN
Spring	Ziigwan
Sunshine	Mniwaasge
Rain	Gmewan
Garden	Gtgaan
Mother Earth	Shkagamik-kwe
Chickadee	Gijigijigaaneshiinh
River	Ziibi
Fish	Giigoon
Flower	Waawaaskonenh
Mosquito	Zgime



Draw a line from each image to the correct Anishinaabemwin word on the right. Need a hint? The words in the table above will help you!



1. Waawaaskonenh

2. Gmewan

3. Zgime

4. Gtgaan

5. Gijigijigaaneshiinh

6. Mniwaasge

7. Ziibi

8. Shkagamik-kwe

9. Giigoon



Healthy Living

Measles and Vaccinations

Measles activity in Ontario has been increasing!

Measles is a highly contagious illness caused by a virus that spreads easily through the air and settles on surfaces. The Dokis Health Centre strongly encourages all members to ensure their vaccinations are up to date.

Please contact your Health Care Provider, your local Health Unit, or local Health Centre for assistance with determining your vaccination status.

Children and the Measles

While anyone can be at risk of the measles, it most commonly affects children. Vaccinations help protect children against measles! Routine immunizations for children are received at 12 months old and 4-6 years old (2 dose series).

A 2-dose vaccination series is required to be considered fully immunized.

Please refer to the "Immunization Through The Lifespan" and "Measles – Fact Sheet" for more information. These documents can be viewed online at: <https://www.dokis.ca/measles-awareness/>

IMMUNIZATION Through the Lifespan

Vaccines help to protect you and those around you against disease

2 MONTHS	4 MONTHS	6 MONTHS	12 MONTHS	15 MONTHS	18 MONTHS	4-6 YEARS	GRADE 7	14-16 YEARS	18-64 YEARS	65 YEARS & OLDER
✓ Diphtheria, tetanus, pertussis, polio & Haemophilus influenzae type b (Hib) ✓ Pneumococcal ✓ Rotavirus	✓ Diphtheria, tetanus, pertussis, polio & Haemophilus influenzae type b (Hib) ✓ Pneumococcal ✓ Rotavirus	✓ Diphtheria, tetanus, pertussis, polio & Haemophilus influenzae type b (Hib)	✓ Measles, mumps & rubella ✓ Meningococcal ✓ Pneumococcal	✓ Varicella	✓ Diphtheria, tetanus, pertussis, polio & Haemophilus influenzae type b (Hib)	✓ Tetanus, diphtheria, pertussis & polio ✓ Measles, mumps, rubella & varicella	✓ Hepatitis B ✓ Meningococcal ✓ Human papillomavirus	✓ Tetanus, diphtheria & pertussis	✓ Tetanus, diphtheria & pertussis (at 24-26 years) ✓ Tetanus & diphtheria (every 10 years after the above dose)	✓ Pneumococcal (at 65 years) ✓ Shingles (65 to 70 years) ✓ Tetanus & diphtheria (every 10 years)

6 MONTHS & OLDER ✓ Influenza vaccine (every fall)

These vaccines are free for eligible individuals as part of Ontario's publicly funded immunization program
Learn more at Ontario.ca/vaccines

Measles Fact Sheet

FNHIB-OR: CD Unit

Measles Fact Sheet

What is measles?

Measles is a very contagious disease caused by a virus. People can develop measles 7 to 21 days after being exposed. Symptoms include:

- High fever
- Cough
- Runny nose
- Red, watery eyes
- Small, white spots inside the mouth
- Red, blotchy rash

While these symptoms are common among many viral illnesses, measles infections are rare and usually occur in isolated outbreaks.

Measles complications may include pneumonia, ear infections, blindness, inflammation of the brain, death, and premature labour and low-birth weight for pregnant individuals.

How does measles spread?

- Measles spreads very easily through the air when an infected person coughs or sneezes
- The measles virus can live for up to 2 hours in the air or on surfaces after an infected person leaves a space
- An infected person can spread measles virus to others starting 4 days before rash appears until 4 days after
- It is important for measles cases to self-isolate during this period to avoid spreading the infection to others

Who is at risk?

Any person who is unvaccinated, has not received all recommended doses of measles vaccine, or has no history of measles infection is susceptible and at risk of becoming infected.

Individuals at greatest risk of measles complications include:

- Susceptible babies and children under 5 years of age
- Susceptible pregnant people
- Susceptible adults over 20 years of age
- Malnourished children
- People with weak immune systems (e.g., cancer, transplant recipient, living with HIV infection)

Individuals at higher risk of being exposed to measles include:

- Travelers
- Healthcare workers
- Students, including those attending post-secondary or daycare
- Military personnel

In Canada, adults born before 1970 are presumed to have developed natural immunity to measles. However, some of these individuals may still be at risk, contact your health care provider for more information.

Is there treatment for measles?

- There is no specific treatment for measles infection
- Severe complications can be prevented through supportive care including fever management, good nutrition and fluid intake
- Close contacts to a measles case may be recommended to receive measles-containing vaccine or a preventative treatment called immunoglobulin, which reduces their risk of infection

When should I contact a health care provider?

Contact a health care provider if you or those you are caring for:

- Are not starting to feel better in a few days
- Have symptoms that are getting worse (i.e., high fever, sleepiness)
- Are not eating or drinking well

What can I do to protect myself and others?

- All community members are strongly encouraged to make sure measles vaccinations are up to date for themselves and their family members
- Measles vaccination is a safe and effective way to protect against measles infection
- Additional illness prevention measures include:
 - Watching for signs of illness and staying home if you are sick
 - Washing your hands often with soap and water, or an alcohol-based hand rub
 - Covering your mouth and nose with a tissue or your sleeve when coughing or sneezing
 - Cleaning high-touch surfaces often (e.g., doorknobs, light switches, phones, TV remotes)
 - Not sharing personal items (e.g., cups, water bottles, toothbrushes, eating utensils)

If you have symptoms of measles or have been told you have measles:

- Self-isolate at home until 4 days after rash onset, with date of rash onset being day 0
- Avoid contact with non-household contacts and do not have visitors
- Avoid contact with high-risk individuals (i.e., babies, pregnant people, immunocompromised people)
- Do not attend public settings, including but not limited to:
 - Childcare settings
 - Schools
 - Post-secondary educational institutions
 - Workplaces
 - Cultural ceremonies and events
- If you need medical care, call your health care provider or health facilities (e.g., nursing station, health centre, hospital) before you arrive to notify them of your measles diagnosis, symptoms or exposure; this helps prevent the spread of infection
- If urgent assessment is needed and you cannot call ahead, triage should be alerted immediately

Contact your health care provider, community health nurse or local public health unit for more information about measles and measles vaccination.



Indigenous Services
Canada
Services aux
Autochtones Canada



Indigenous Services
Canada
Services aux
Autochtones Canada



Canada

Canada



Home Ownership

GREEN GRASS AND GARDENS

Now that we find ourselves in May, it's the best time to start thinking about summer gardening. Doing some initial yard work is recommended to prepare for flower beds and food gardens. Whether you're planting flowers, fruits, or veggies, try these tips and tricks for your gardens this year:

- Aerate your lawns and lay down some fertilizer. If required, add seed for a nice green lawn. The Housing Department has a tow behind aerator that Dokis residents may borrow (*please use with care*).
- Prepare your garden beds and flower pots by clearing any old vegetation and/or weeds. Edging your garden beds can also help to keep the grass from creeping in throughout the summer.
- Overturn the soil and add some fertilizer. Rake the soil and be ready to plant in the warmer seeding season.
- Start certain plants in small seeding pots (tomatoes, cucumbers and flowers). Transplant them into your gardening beds when the warmer weather arrives.
- Water your beds regularly and don't forget to weed!

**TO BORROW
THE AERATOR,
CONTACT:**

Michael St. Pierre
Housing Administrator
Economic Development Officer

705-763-2575
Extension 204
ec.dev@dokis.ca

Got a green thumb? Show us your gardens!

We'd love to see what flowers, fruits, and veggies you're growing this year. Send us photos of your gardens throughout the summer and we'll feature them in the next issues of the newsletter!

Send photos to Andrea: ea@dokis.ca



Keeping a fresh kitty litter

If you have a cat(s), it is important to clean the litter box on a regular basis.

Maintaining a clean litter box is key to avoiding urine odours in your home, and it decreases exposure to bacteria and parasites. This is particularly important in smaller apartments, where odour and dust particles have less room to circulate.

Daily cleaning and monthly litter replacements will keep your living spaces fresh and toxin free!





MIGISI NEWSLETTER

May
2025

Notice of Band Membership Transfer Request

When a Band Membership Transfer Request is received by Dokis First Nation, the request must be posted publicly for a period of 60 days. This gives all Band members the opportunity to view the request and submit objections. If there are objections to the transfer request, the form on page 13 must be completed and returned to the Band Membership Clerk within the 60-day notice period.

This process follows the Dokis First Nation Band Membership Transfer Policy, which was passed by Band Council Resolution #2128, at a duly convened meeting on September 11, 2023.

The notice can also be viewed on the Dokis Band Members Portal.

Membership Transfer Request

Indian and Northern Affairs Canada / Affaires Indiennes et du Nord Canada

Chronological no. 2128
File reference no.

BAND COUNCIL RESOLUTION

NOTE:
The words "from our Band Funds" "capital" or "revenue", whichever is the case, must appear in all resolutions requesting expenditures from Band Funds.

The council of the **DOKIS FIRST NATION** Province **ON**
Date of duly convened meeting **11** **09** **2023**
Cash free balance
Capital account \$
Revenue account \$

WHEREAS, the Dokis First Nation Chief and Council and Lands Department have recognized the need to create the Dokis First Nation Band Membership Transfer Policy and;

WHEREAS, Patrick M. Nadiwan, Barrister & Solicitor of Nadiwan Law Office of 915 Jocko Point Rd, North Bay, ON P1B 8G5 was contracted to complete the above mentioned policy; and;

WHEREAS, The Dokis First Nation Band Membership Transfer Policy was presented to the community at the June 20th Special Presentation meeting with approval from the Band members present and passed by Dokis First Nation Chief and Council at the July 11th Band meeting.

THEREFORE BE IT RESOLVED, the Dokis First Nation Chief and Council hereby approve the Dokis First Nation Band Membership Transfer Policy.

Quorum **4**
(Chief)
(Councillor)
(Councillor)
(Councillor)

FOR DEPARTMENTAL USE ONLY
Expenditure Authority (Indian Act Section) Source of funds ☐ Capital ☐ Revenue
Expenditure Authority (Indian Act Section) Source of funds ☐ Capital ☐ Revenue
Recommending officer Signature Date
Approving officer - Approved par Signature Date
Approving officer Signature Date

GCL 83-005 E (10-2010) Canada

LAST NAME	GIVEN NAME (NICKNAME)	FIRST NATION CURRENTLY REGISTERED WITH	AFFILIATION TO DOKIS	DATE POSTED	60 DAY EXPIRATION DATE FOR POSTING	60 DAY EXPIRATION DATE FOR BAND MEMBERS TO EXPRESS CONCERN(S)
ARCHER	Micheal Bentley	B-233 Wahgoshig First Nation	Yes	April 29, 2025	June 28, 2025	June 28, 2025

Band Membership Transfer - Objection Form



(APPENDIX B)
DOKIS FIRST NATION BAND MEMBERSHIP TRANSFER
OBJECTION FORM
APPLICANT – (PERSON SUBMITTING OBJECTION)

Last Name of Applicant:	Given Name of Applicant:
Mailing Address or Email:	Telephone Number:
Are You a Registered Dokis First Nation Band Member:	
FULL GIVEN NAME OF <u>OTHER</u> FIRST NATION INDIVIDUAL YOU OBJECT BECOMING A BAND MEMBER OF DOKIS FIRST NATION:	




Please explain the reason(s) why you object to this Band Transfer and why you are objecting the impending addition to the Dokis First Nation Band Membership List (you may attach additional pages if required):

Date _____ Print Name _____ Signature _____



Community Calendar

May 2025

Looking for a Health event? A full calendar of Health Centre activities is distributed to Dokis residents monthly.				1	2	3 Dokis Trust Community Engagement Sessions 10 a.m. in Sturgeon 3 p.m. in North Bay
4 Corpus Christi Mass with Bishop Dowd 1:30 p.m.	5  Red Dress Day in support of MMIWG	6	7	8	9	10
11 Mother's Day 	12 Council Meeting 1 p.m.	13 Band Meeting 7 p.m. @ Complex & Online	14	15	16 Band Offices Closed at Noon	17
18 Corpus Christi Mass 1:30 p.m.	19  Victoria Day Band Offices Closed	20	21	22	23	24
25	26	27	28	29	30	31

Band Office Hours

Monday to Friday:
 8:30 am – 4:30 pm
 Closed for lunch: 12-1 pm

Holiday Closures

Friday, May 16: Closed at 12:00 pm
Monday, May 19: Victoria Day